



SEE(M)OC

BEGUN CUP

4-7. SEPTEMBER. 2025

STRELCHA, PANAGYURISHTA

BULGARIA

BULLETIN 2

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WELCOME



**Dear Competitors,
Coaches, and Team
Leaders,**

On behalf of the Bulgarian Orienteering Federation, it is my great honor to welcome you to the Southeast European Orienteering (Master) Championship 2025, held here in the beautiful Republic of Bulgaria. We are truly delighted to host you on our land, renowned for its breathtaking landscapes, rich history, and warm hospitality. This championship is not only a stage upon which to demonstrate your skills, determination, and sporting spirit, but also a wonderful opportunity to forge new friendships and create lasting memories. Whether you join us as a competitor, a coach, or a supporter, I am certain that your time in Bulgaria will be both rewarding and unforgettable.

I wish you the very best of success in all your events, and many joyful moments both on the course and beyond it. May this championship be guided by the principles of fair play, perseverance, and mutual respect.

Good luck, and may each of you achieve your personal best!

With warmest regards,

Krasimir Danailov
President
**Bulgarian Orienteering
Federation**



Dear friends
from the
Bulgarian
Orienteering
Federation,
organizers, and

participants in the 2025
Southeast European
Orienteering (Master)
Championship.

Please accept my heartfelt
congratulations for your
perseverance and dedication to
the sport of orienteering.

Allow me to express my
gratitude and satisfaction that
Strelcha will host one of the
most significant events in the
federation's calendar.

May the choice of the Skumsale
area serve not only as a
challenge with its demanding
terrain, but also as an
opportunity for athletes,
organizers, and fans of
orienteering to connect with the
ancient history of Bulgaria and
the mysterious spirit of the
Thracians who inhabited these
lands thousands of years ago.

I would like to extend special
thanks to our friends from the
Orienteering club BEGUN, who
recognized the potential of
Strelcha, trusted us, and helped
build excellent cooperation.

Wishing you a successful
competition filled with
enjoyable experiences, I am
confident that your captivating
enthusiasm and dedication to
the sport will serve as an
inspiring example for the young
people of the Municipality of
Strelcha.

Eng. Georgi Pavlov
Mayor of Strelcha Municipality



Dear
competitors,
coaches,
organizers and
guests,

Dear friends of orienteering,

On behalf of the Municipality of
Panagyurishte and personally
on myself, I have the honor and
pleasure to welcome you on the
occasion of the upcoming
Southeast European
Orienteering (Master)
Championship, which will be
held in the period 4–7
September 2025 with a
competition center in our
beautiful city. We are proud
that Panagyurishte is hosting an
event of such scale and
importance. This is recognition
for our city and the entire
region. Orienteering combines
skills, speed, strategy and a
connection with nature - values
that we support and encourage.
We sincerely thank the
Bulgarian Orienteering
Federation and the "Begun"
orienteering club for the trust
and efforts to turn
Panagyurishte into the sports
capital of South-Eastern Europe
for these few exciting days.

I wish success to all participants
and most of all - unforgettable
experiences and new
friendships. I believe that
together we will create a sports
celebration that will leave a
lasting impression in everyone's
hearts.

Welcome to Panagyurishte - a
city with history, spirit and
future!

Zhelyazko Gagov
*Mayor of Panagyurishte
Municipality*



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ORGANISATION & PARTNERS

SEE(M)OC 2025 is organized by Bulgarian Orienteering Federation

Local organizer: Orienteering club Begun



Partners:

Ministry of Youth and Sports

Municipality Strelcha

Municipality Panagyurishte



Ministry of Youth and Sports



Municipality
Panagyurishte



Municipality
Strelcha

BOF President – Krasimir Danailov

Event Director – Vladimir Atanasov

Sport Director – Ivaylo Ivanov

Event Office and Secretary – Milen Marinov, Dimitrichka Karachorova

Media, Arena, Logistics – Vasil Fotinov

Event and course controllers - Aleksander Ivanov, Veselin Shterev

IOF Event adviser – Tamas Bogya (ROU)

Course setters – Vladimir Atanasov, Ivaylo Ivanov

Cartographers – Georgi Kartalov, Vladimir Atanasov

JURY

The members of the jury will be selected at the first Team Officials Meeting.

EVENT RULES

The event will be conducted in accordance with:

- IOF Competition Rules for Foot Orienteering.
- SEEOA Special Rules.

Contacts

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phone: +359897408566



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SOUTH-EAST EUROPEAN (MASTERS) ORIENTEERING CHAMPIONSHIPS
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GENERAL INFORMATION

13th South-East European Orienteering Championships

Foot orienteering championships only for **National teams** of countries which are members of South East European Orienteering Association (SEEOA):

Bosnia and Herzegovina, Bulgaria, Croatia, Cyprus, Greece, Italy, Moldova, Montenegro, North Macedonia, Romania, Serbia, Slovenia and Turkey, observer: Albania
SEEOA rules and regulations apply. Entries are responsibility of National Federations of each country. Only a National Federation may enter competitors for these competitions:

Middle Distance, Sprint Distance, Long Distance and Relay.
Incomplete teams, and teams other than national teams are not allowed to participate in Relay but they can participate Begun cup Middle Distance.

12th South-East European Masters Orienteering Championships

Foot orienteering championships only for runners older than M35/W35 from countries which are members of South East European Orienteering Association (SEEOA): Bosnia and Herzegovina, Bulgaria, Croatia, Cyprus, Greece, Italy, Moldova, Montenegro, North Macedonia, Romania, Serbia, Slovenia and Turkey, observer: Albania

SEEOA rules and regulations apply. Entries are individual responsibility of competitors for these competitions: Middle Distance, Sprint Distance, Long Distance and Relay.

Incomplete teams, and teams other than one-nation-teams are not allowed to participate in Masters Relay

Begun cup - 4 days

The orienteering courses for individual categories are the same as for SEEOC/SEEMOC categories!

Begun cup - RULES FOR SCORING and RANKING

Competitors will receive points from each start. One start of each competitor when is received the least points will be dropped for overall results. If a competitor is disqualified in one of the races it is considered that the competitor receives 0 points. Points will be calculated according to a formula with a maximum number of points of 100 for the winner in each class for the respective day.

FORMULA FOR CALCULATING POINTS:

$100 - (\text{competitor's time} - \text{winner's time}) / \text{winner's time} * 100$

The first three in each class in overall results will be awarded.

Entries for **Begun cup** are individual responsibility of competitors.

SEE(M)OC competition rules can be find [HERE](#).



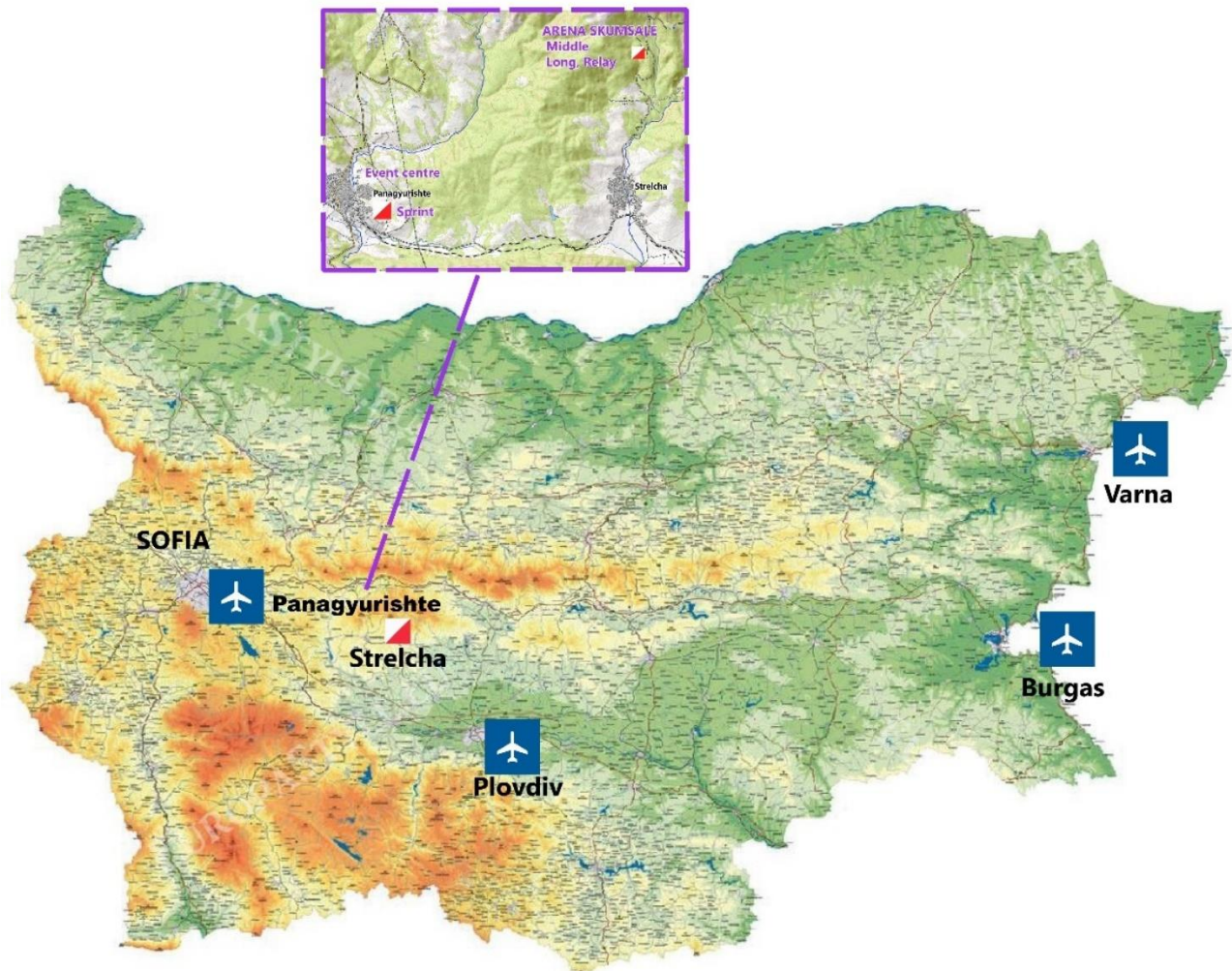
EVENT PROGRAMME

Day	Time	Event	Location	Distance from EC
02.09.2025 Tuesday	17.00-19.00	Registration	Event centre (EC)	0 km
03.09.2025 Wednesday	10.00-20.00	Registration	Event centre (EC)	0 km
	10.00-17.00	Model training	Strelcha - Kachulata mogila	22 km
	19.00	Team official meeting (TOM) SEE OA	Event centre (EC)	0 km
04.09.2025 Thursday	10.00	SEE(M)OC Begun cup Middle Distance (WRE)	Strelcha - Skumsale	22 km
	18.30	Opening ceremony Prize giving ceremony SEE(M)OC	Event centre - HOTEL	0.5 km
	20.00	Team official meeting (TOM) SEE OA	Event centre (EC)	0 km
05.09.2025 Friday	10.00	SEE(M)OC Begun cup Long Distance (WRE)	Strelcha - Skumsale	22 km
	18.00	Prize giving ceremony SEE(M)OC	Event centre - HOTEL	0 km
	19.00	Team official meeting (TOM) SEE OA	Event centre (EC)	0 km
06.09.2025 Saturday	10.00	SEE(M)OC - Relay Begun cup - Middle distance	Strelcha - Skumsale	22 km
	18.00	Prize giving ceremony SEE(M)OC	Event centre - HOTEL	0 km
	19.00	Team official meeting (TOM) SEE OA	Event centre (EC)	0 km
	20.00	SEE OA Annual General Assembly meeting	Event centre (EC)	0 km
	21.00	Official banquet	Event centre - Restaurant	0 km
07.09.2025 Sunday	09.30	SEE(M)OC Begun cup Sprint distance (WRE)	Panagyurishte	0 km
	12.30	Prize giving ceremony SEE(M)OC Begun cup	Panagyurishte square	0 km

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GETTING TO PANAGYURISHTE AND STRELCHA



CLIMATE

- Typical summer conditions in Strelcha/Panagyurishte: 23–28°C , sunny, minimal rainfall.
- Stay hydrated and protect yourself from the sun.
- Evenings are slightly cooler but remain warm.

INSURANCE

- Participation in SEE(M)OC & Begun Cup 2025 is at your own risk.
- All participants are responsible for their own insurance coverage.

FOREST FIRE RISK

- Extreme caution required — no open flames or discarded burning materials.
- Follow all local fire-prevention regulations.
- Your cooperation helps protect the environment and prevent disasters.



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LOCATION & EMBARGOED AREAS

You can easily navigate to all competition locations using the digital map.

For Digital map → [CLICK here](#)

Entering the embargoed area is prohibited for anyone who may potentially participate in the SEE(M)OC competition. Athletes, officials, and teams found violating this restriction will be disqualified. Access is permitted only in the city center for dining, sightseeing, and transporting other competition areas. However, walking or running with a map within the embargoed area in the city center is strictly prohibited.

EVENT CENTER & REGISTRATION

The Event center openings hours:

02.09.2025 – 17.00 -19.00

03.09.2025 - 10.00-20.00

The EC and the Begun cup event office are located at Park hotel ASAREL, Panagyurishte. EC will be open also at the arena during competition times.

Event Centre GPS coordinates : [42.511005, 24.189405](#)

Team Official Meetings (SEEOC)

Team Official Meetings with additional competition information will be held at the EC.

Four TOMs (Team Official Meetings) will take place according to the event programme and schedule.

Special SEE(M)OC 2025 T-Shirt!

Limited edition by **Bryzos** – durable, lightweight, breathable mesh fabric, perfect for outdoor sports.

Design: event logo only (no date) for long-term use.

Price: €25 | **20% discount** for sizes 120–150.

Order by: August 17th.

A limited number of event T-shirts will be available for purchase at the event office and competition arenas. Reserve yours now [here](#)!



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CLASSES & TIMING SYSTEM

Classes for SEEOC

MW 16, 18, 20, 21

Classes for SEEMOC

MW 35,40,45,50,55,60,65,70,75

Classes for SEEOC & SEEMOC Relay teams

MW 16,18,20,21, Mix 35 (age 35-44), Mix 45 (age 45-54), Mix 55+ (55 and older), MIX 65+ (65 and older)

A SEEMOC relay team consist of 3 competitors where at least one of the competitors is a woman. Runners may compete in a class below their age but may not compete in a class above their age (e.g. a 47 year old runner may compete in class 35 or 40 but not in class 50)

Classes for Begun cup 4 days

MW10,12A,12B,14,16,18,20,21E,21A,35,40,45,50,55,60,65,70,75, Open short, Open Long

! Classes with less than 5 participants may be merged with the appropriate next one.

TIMING SYSTEM

The Sportident electronic timing and punching system will be used. SIAC+ will be open for all stages.

* Rented SI card must be returned to the organizer after last stage.
The SI card rental fee is 3 € per stage.

Lost or not returned SI card is charged with additional 75€.



ACCOMMODATION



The only official accommodation is Park hotel ASAREL - Panagyurishte

GPS coordinates : [42.511005, 24.189405](https://www.google.com/maps/place/42.511005,24.189405)

Room for 2 people – 55 €/day (FB) (only 40 rooms)

Room for 3 people – 50 €/day (FB) (only 15 rooms)

Breakfast, lunch and dinner are included in the price.

Meal times for breakfast, lunch, and dinner will be extended as much as possible in view of the competition schedule. For example, lunch will be served at least until 3:00 p.m.

Due to limited rooms, reservations in the official accommodation hotel will be made on a first come, first served basis.

Most of the rooms in the hotels are fully booked. Please contact the organizer for availability.

To make reservation please fill the information in the [form](#) and you will receive confirmation by the organizer.

→ Link: https://docs.google.com/forms/d/e/1FAIpQLSfjZs8xEaxOEDQu8_3OD6PSQgPI-HsflyYhvFkbjmZujXGyLA/viewform?usp=header

There is also [list](#) of hotels and houses close to competition area.

→ Link: <https://docs.google.com/document/d/1RK1eihpdQZghPp2C4Y-3MC8xMVNfyg1C/edit?usp=sharing&ouid=111218068170208170793&rtpof=true&sd=true>



The organizer will provide camping facilities, including water, toilets, showers and buffet. Camping is generally free of charge; however, there will be a special donation box available for those who wish to support the organizer as a token of appreciation.



ENTRY FEES AND PAYMENT

Entry fees for SEEOC & SEEMOC classes will be according to SEEOA rules;
SEEOC: Start fee for SEEOC participants is 40 € for all the 4 races.
SEEMOC: Start fee for SEEMOC participants is 50 € for all the 4 races or 13 € per single race.

SEEMOC competitors who will not run MIX relay in Saturday but paid their entry fee will be automatically added in the start list of their respective class for Begun cup Stage 3 (Middle distance) for free.

Registration for races will be done through the platform:

<https://www.orienteingonline.net/CompetitionBasicInfo.aspx?CompetitionID=13529>

Important: Only Bulgarian competitors can choose to submit their registrations through the Bulgarian Orienteering Federation's system. Foreign participants should register via the main platform www.orienteingonline.net but may use the Bulgarian Orienteering Federation's system solely to follow and verify the list of registered athletes:
For [SEE\(M\)OC](#)
For [Begun cup](#)

Important note : Important note: **WRE** entries for **M21E** and **W21E** must be made through IOF Eventor using the following links:

- SEEOC Middle Distance **WRE** – [click here](#)
- SEEOC Long Distance **WRE** – [click here](#)
- SEEOC Sprint Distance **WRE** – [click here](#)

Begun cup 4 days

Classes	Until August 23 rd
Up to MW16	30 € / 8€ stage
All categories	40 €/ 12 € stage

Please note that the payer-sender is responsible for all bank fees and charges.
You must pay by bank transfer. Entry is not valid until entry money is received. Payment must be made within the entry period.

Owner's name: Orienteering club Begun
Owner's address: Ivan Drasov str. 11, city Varna, Bulgaria
Bank name: DSK Bank
IBAN: BG47STSA93000030367422
BIC/SWIFT: STSABGSF



ENTRY DEADLINES

Entry Deadline

Registration **will close on August 23rd**, additional entries will not be accepted after the deadline.

Final Entries for SEEOC

Final entries for each individual stage of SEEOC, including start blocks (not valid for M-W Elite), must be submitted according to the SEEOC programme via entry form which will be published later.

Relay Team Entries

Relay team entries must be submitted in advance, with an extended deadline of **August 25th**. Registration for relays will be done by completing the designated **entry form** – [click here](#)

- **For SEEOC**, it is the responsibility of the national team leader to submit the number of teams for each age group in Women/Men 16, 18, 20, and 21 categories.
- **For SEEMOC**, one of the participants in each relay team is responsible for registering the team in the respective age group: Mix 35+, Mix 45+, Mix 55+, Mix 65+. The registration for these relays can also be submitted for multiple teams/classes by a representative of the respective country or federation.

We kindly ask national federations to distribute this information to their clubs and potential participants.

The entry deadline for relay teams for SEEOC and SEEMOC, including **names for each leg**, is **September 5, 2025, at 17:00** and will be submitted via a separate entry form, which will be made available on the website later.

- **For SEEOC**, it is the responsibility of the national team leader to submit the names of teams for each leg and age group in Women/Men 16, 18, 20, and 21 categories.
- **For SEEMOC**, one of the participants in each relay team is responsible to submit the names of teams for each leg and class in Mix 35+, Mix45+, Mix55+, Mix65+.

Changes to relay teams after the competition entry deadline may only be made for valid reasons (e.g., accident or illness) and must be communicated to the organizer at least two hours before the start of the 1st leg in the respective class.

BIB NUMBERS

For the individual races, competitors must use the same bib number for all competition days. Competitors without a bib number will not be allowed to start. For the relay, teams will receive new bib numbers.



OPENING CEREMONIES, AWARDS AND BANQUET

The Opening ceremony will take place at Panagyurishte square. All national teams will be introduced during the opening ceremony. It is recommended to wear national team dress. Competitors will be briefly greeted and welcomed by guests and SEE(M)OC partners. Prize-giving ceremony Locations and times for prize-giving ceremonies are given in the bulletin programme.

Medal Ceremonies and Awards

SEEOC & SEEMOC

- **Medal Ceremonies for Stages 1–4:**
- **Final Award Ceremony:** Held at Panagyurishte on the last day.
- **Medals and Diplomas:**
 - **SEEOC Individual Races:** Medals awarded to the top 3; diplomas awarded to places 1–6.
 - **SEEOC Relay:** Medals and diplomas awarded to the top 3 teams.
 - **SEEMOC Individual Races:** Medals and diplomas awarded to the top 3.
 - **SEEMOC Relay:** Medals and diplomas awarded to the top 3 teams.
- **Country Cups:**

Awarded to the 1st, 2nd, and 3rd place countries based on total points for SEEOC and SEEMOC separately.
- **Begun cup 4 days - Special Medals:**

Awarded to the first three athletes in each category across all 4 stages.

Farewell Banquet

- **Venue:** Event centre Restaurant
- **Participants:** All participants of SEE(M)OC & Begun cup are welcome.
- **Tickets:** Required for entry, priced at €10 (includes one drink and some food). Tickets can be purchased from the SEEOC Event Office.

COMPLAINT AND PROTESTS

Complaints may only be made by team officials or competitors. A Complaint must be made in writing as soon as possible and handed in at the Event Office. There is no fee for a complaint. Complaints concerning results must be made no later than 15 minutes after the full preliminary results have been announced by the Speaker. An IOF Complaint form should be used, forms are available at the Event Office. A Protest may be made against the organiser's decision about a Complaint. A protest may only be made by the team official or competitor who made the Complaint. Any Protest must be made in writing and handed in at the Event Office no later than 15 minutes after the organiser has informed the complainant of the decision about the Complaint. A Protest fee of 50 EUR must be paid when making a Protest. The fee will be returned if the Protest is accepted by the jury. When a Protest is signed by more than one Federation, each Federation shall pay the Protest fee.



FINISH AND COOL DOWN

The marked route from the last control to the finish must be followed. The finishing time will be measured:

- when the competitor's chest crosses the finish line (only last Relay leg),
- when the competitor's SIAC crosses the finish line. After crossing the finish line, the athletes read out their SIAC card, return the map and the GPS (if used). Refreshments will be provided as well as access to first aid if needed.

Athletes who are forced to abandon a race must report to the finish staff and read out SIAC if possible. A retiring athlete may not influence any other competitor.

Cooling down is allowed in the public part of the respective competition arena and the team zone.

Fair play: It is strictly forbidden for team members to re-enter the competition area until the competition is finished. Please stay inside the team/finish zone in the public part of the arena.

FAIRNESS RULES

1. No Unofficial Information

It is not allowed (and unfair) to gain any unofficial information about the race, especially regarding courses, maps, locations of pre-starts, etc.

2. Quarantine Device Rules

- Mobile phones and all internet-capable devices must be completely turned off while in quarantine. Random checks may be conducted.
- Music players without connectivity are NOT allowed;

3. Electronic Devices Restrictions

- It is strictly forbidden to bring any electronic devices (except watches) into closed quarantine areas (toilets), regardless of whether the devices are turned on or off.
- GPS-enabled devices (e.g., watches) may be carried only if not used for communication or navigation.

4. Use of Old Maps

It is not allowed to use any old maps of the competition areas.

5. Reporting Violations

Any violations of these rules should be reported immediately to a staff member to preserve fairness.

6. Consequences of Violations

Breaching these rules may lead to disqualification of the entire team.



MAPS AND STARTING PROCEDURE

Maps and Control Descriptions

- **Standards:** All maps are prepared according to IOF standards (ISOM 2017-2 and ISSprOM 2019-2).
- **Material:** Competition maps are printed on waterproof paper. Extra plastic bags will not be provided.
- **Collection:** Maps will be collected at the finish and will be available later.
- **Control Descriptions:**
 - Prepared according to IOF standards.
 - Available in the start corridor and printed on the competition maps.
 - For the Relay, control descriptions are printed only on the map.

Detailed Start Procedure – Individual Races

All competitors are strongly advised to perform the SIAC battery test and in the event of a low battery indication, to request an SIAC replacement at the quarantine check-in desk.

–3 Minutes (Call-Up)

- Sign in by punching the designated SI unit (works as SIAC number check)
- Check start bib.
- Clear SIAC.

–2 Minutes

- Check SIAC.
- Pick up control description sheet.

–1 Minute

- Perform SIAC test to verify proper functioning of SIAC touch-free punching mode.

Start Time

- The competitor takes the map themselves. It is the competitor's responsibility to start at the correct time.

Late Start

- If a runner misses their start time due to their own fault, they may start later, but their time will be counted from their original start time.

QUARANTINE

Quarantine zone for sprint distance will be managed. No-one will be allowed into the quarantine area after the deadline. Coaches and competitors can leave quarantine at any time, but once they have left, they are not allowed to return. The quarantine offers toilets and drinking water. There will be a clock showing the official competition time. Transportation of bags from the quarantine to the team zone in the arena will be provided. Leave your bags marked with your accreditation card in the marked quarantine tent. Please limit the size of your bags to avoid heavy transport. To be sure to have your bag at the team zone when arriving at the finish, you have to leave it at the marked quarantine tent at least 30 minutes before your start.



GPS TRACKING

GPS Tracking Devices

Some competitors may be required to carry a GPS tracking device. The device must be worn on the competitor's back in an elastic harness. Teams are kindly requested to use their own GPS harnesses whenever possible. A limited number of harnesses will be available for loan at the Event Office; however, we cannot guarantee that all required sizes will be in stock. Loaned harnesses must be returned to the Event Office on the final race day. All competitors will receive the GPS device at the pre-start, or in the quarantine zone for the Sprint. GPS devices must be returned immediately after finishing.

CLOTHING AND FOOTWEAR

There are no regulations regarding clothing. It's highly recommended to cover your legs completely and due to rocky nature use taping for forest events. Shoes with metal dobbs and spikes are forbidden for sprint race!

No dobbs at the sprint



MODEL EVENT

- **Purpose:** Provides relevant examples of mapping, printing, terrain, control siting, and control descriptions ONLY for forest competitions.
- **Equipment:** Standard control flags without SI stations.
- **Time & Date:** September 03 (Wednesday), 10:00–17:00.
- **Location:**
 - GPS: [42.555674, 24.333294](#)
 - Map: ISOM 2017-2, scale 1:10,000, contours 5 m



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All detailed information about each competition day will be published in Bulletin 3.

FOREST TERRAIN (ALL 3 DAYS)

Arena is the same for all 3 forest competitions: middle, long, relay/middle

Location: Strelcha – Skumsale area, GPS coordinates : [42.555650, 24.333446](#)

Please check the information via **Digital map** → [CLICK here](#)

Description of the terrain:

Hilly, challenging, and rocky terrain with generally good visibility and runnability, reduced in some areas by undergrowth. In certain areas of the forest, as well as in open sections, there is tall grass that makes movement difficult. In the open areas and in some parts of the forest, brambles can also be encountered. The terrain includes numerous rocks and rocky formations, with some reaching up to 10–15 meters in height. Several small farms with livestock are located in the area; the animals mostly roam freely in the forest. The owners have been informed about the competition days, but encounters with animals are still possible. Due to daily grazing on the slopes, there are numerous animal tracks throughout the forest. Only the most prominent of these tracks are marked on the map.

Numerous electric fences have been installed in the area, but they are not shown on the map. Most of the fences are marked with tape to make them visible from a distance. The fences can be crossed either by stepping over or passing underneath. During the competition, the electric fences will not be active.

Map Scales: 1:7,500 / 1:10,000 / 1:15,000. Contour interval 5 m, ISOM 2017-2, revision 6. The scale to be used for each specific race will be published in Bulletin 3.

SPRINT TERRAIN

Location: **Panagyurishte**, GPS coordinates : [42.504725, 24.188741](#)

Please check the information via **Digital map** → [CLICK here](#)

Description of the terrain:

Flat and hilly city and park area with streets of low traffic. Map scale 1:4,000. Contour interval 2.5 m, ISSprOM 2019-2, revision 6.

OLD maps

→ **Link:** <https://drive.google.com/drive/folders/18M0y9NahrAWdGnJJcevFTCzGoDkmo3LV?usp=sharing>

→ Sky view video from the area:

<https://www.youtube.com/watch?v=lqPpHbrkZLQ>

https://www.youtube.com/watch?v=Q_FVTgSOxdl



COURSE DETAILS

		SEE(M)OC MIDDLE September 4 th			SEE(M)OC LONG September 5 th			September 6th						SEE(M)OC SPRINT September 7th		
Class		Begun cup D1			Begun cup D2			Begun cup D3			SEE(M)OC Relay			Begun cup D4		
		km	contr.	Elev	km	contr.	Elev	km	contr.	Elev	km	contr.	Elev	km	contr.	Elev
M-10		0.8	4	60	1.2	5	40	0.9	6	20				1.0	7	5
M-12B		1.6	8	70	1.9	9	70	1.5	8	50				1.3	10	10
M-12		2.1	10	80	2.2	9	70	2.3	11	70				1.8	13	15
M-14		2.5	10	130	2.5	10	105	2.5	14	80				1.9	13	10
M-16		3.3	13	190	4.5	11	290	3.0	15	130	3.2	15	165	2.7	12	35
M-18		3.5	13	220	5.9	13	350	3.5	17	150	3.5	15	190	3.0	14	40
M-20		4.1	16	250	7.2	13	460	3.6	19	170	4.1	19	200	4.0	19	45
M-21E		4.8	18	260	9.6	20	590	4.3	21	200	4.7	20	240	4.0	19	45
M-21A		3.5	13	220	5.9	13	350	3.5	17	150				3.0	14	40
M-35		4.1	16	250	7.2	13	460	3.6	19	170				3.5	17	40
M-40		3.6	14	240	5.3	13	340	3.5	17	150				3.0	14	40
M-45		3.5	13	220	5.9	13	350	3.2	15	140				2.8	13	35
M-50		3.4	13	200	4.5	12	300	3.0	15	130				2.7	12	35
M-55		3.3	13	190	4.5	11	290	2.9	15	125				2.4	12	25
M-60		2.9	12	160	3.5	10	200	2.8	15	110				2.3	13	20
M-65		2.9	12	150	3.3	10	180	2.6	14	100				2.1	9	15
M-70		2.7	10	110	2.9	10	160	2.3	13	90				1.9	13	10
M-75		2.2	10	110	2.4	8	110	2.0	12	70				1.5	11	5
M-80		2.1	9	110	2.3	7	110	1.9	10	55				1.5	11	5
W-10		0.8	4	60	1.2	5	40	0.9	6	20				1.0	7	5
W-12B		1.6	8	70	1.9	9	70	1.5	8	50				1.3	10	10
W-12		2.1	10	80	2.2	9	70	2.3	11	70				1.8	13	15
W-14		2.5	10	130	2.5	10	105	2.5	14	80				1.9	13	10
W-16		3.0	12	170	3.9	11	220	2.8	15	110	2.8	15	130	2.4	12	25
W-18		3.4	13	200	4.5	12	300	3.2	15	140	3.3	16	180	2.8	13	35
W-20		3.6	14	240	5.3	13	340	3.5	17	150	3.7	16	180	3.0	14	40
W-21E		4.1	16	240	7.3	14	450	3.6	19	170	4.0	19	200	3.5	17	40
W-21A		3.3	13	190	4.5	11	290	2.9	15	125				2.7	12	35
W-35		3.5	13	220	5.9	13	350	3.2	15	140				2.8	13	35
W-40		3.4	13	200	4.5	12	300	3.0	15	130				2.7	12	35
W-45		3.3	13	190	4.5	11	290	2.9	15	125				2.4	12	25
W-50		2.9	12	160	3.5	10	200	2.8	15	110				2.3	13	20
W-55		2.9	12	150	3.3	10	180	2.6	14	100				2.1	9	15
W-60		2.7	10	110	2.9	10	160	2.3	13	90				1.9	13	10
W-65		2.2	10	110	2.4	8	110	2.0	12	70				1.9	13	10
W-70		2.1	9	110	2.2	7	110	1.9	10	55				1.5	11	5
W-75		2.1	10	80	2.2	9	70	2.3	11	70				1.5	11	5
W-80		1.6	8	70	1.9	9	70	1.5	8	50				1.3	10	10
Open S		2.0	9	100	2.0	8	80	1.8	9	50				1.8	13	15
Open L		2.7	12	120	2.8	10	130	2.6	15	80				2.3	13	20
Mix 35+											3,7	17	165			
Mix 45+											3.4	16	165			
Mix 55+											2.9	15	150			
Mix 65+											2.3	11	100			

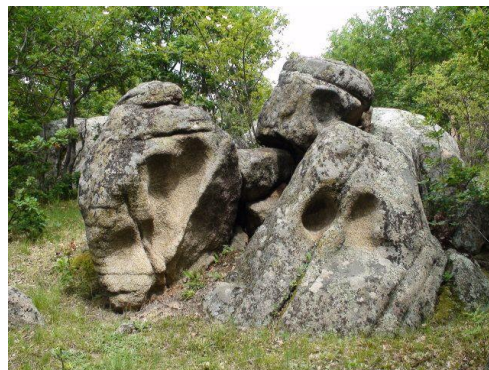


A FEW OF THE MANY PLACES TO VISIT AROUND THE EVENT AREA

STRELCHA AND SURROUNDINGS

1. SKUMSALE and Thracian Tomb in the “Kulata” Area

- **History:** Built in the 4th–3rd century BC, the tomb is part of a large Thracian necropolis. It is believed to have served as the burial site of a high-ranking Thracian ruler of the Odrysian Kingdom.
- **Architecture:** Constructed entirely from massive stone blocks without mortar, featuring a rectangular antechamber and a circular domed chamber. The roof is a corbelled dome built from precisely carved stone rings.
- **Interesting facts:** Archaeologists discovered pottery fragments, weapons, and gold appliques. Nearby areas show evidence of ritual installations.
- **Legend:** Locals believe that other treasures of Thracian kings remain hidden in the surrounding hills.



2. Mineral Springs of Strelcha

- **Description:** Strelcha is famous for its hot mineral waters (37–54°C), rich in fluorine, silica, and sodium, with proven therapeutic effects on musculoskeletal, neurological, and skin conditions.
- **History:** Used since Thracian times, later by the Romans who built baths here.
- **Tip:** Several hotels and spa complexes in town offer mineral pools and wellness procedures.



PANAGYURISHTE

1. Historical Museum – Panagyurishte Treasure – The Magical Thracian Artistic Heritage

- **History:** Discovered in 1949 by three brothers while digging clay. It consists of nine gold vessels with a total weight of over 6 kg, made of 24-carat gold.
- **Purpose:** A royal feast set, richly decorated with scenes from Thracian mythology and religion.
- **Artistry:** Each vessel is unique — rhytons shaped like deer, Amazons, and mythical creatures.



2. Raina Knyaginya House Museum

- **History:** Birthplace of Rayna Popgeorgieva Futekova, known as Raina Knyaginya, who sewed the flag of the April Uprising in 1876.
- **Exhibition:** Displays original documents, letters, weapons, and personal belongings.
- **Interesting facts:** She was only 20 when she sewed the uprising's flag for the Panagyurishte Revolutionary Committee.



DISCOVER THE HERITAGE AND LANDMARKS

3. Dudekov House

- **Description:** A richly decorated 19th-century Bulgarian Revival home, showing the lifestyle of wealthy merchants of the era.

KOPRIVSHTITSA

1. Lyuben Karavelov Museum

- **Description:** A complex of Bulgarian Revival houses where writer and revolutionary Lyuben Karavelov and his brother Hristo Karavelov lived.
- **Exhibition:** Personal items, manuscripts, and rare first editions of his works.

2. Bridge of the First Shot

- **History:** On April 20, 1876, this was the site of the signal for the start of the April Uprising. The bridge has been restored to its original appearance.



HISARYA

1. Roman Fortress Wall and the South Gate ("The Camels")

- **History:** Built under Emperor Diocletian at the end of the 3rd century AD, the fortress wall is preserved up to 12 meters high. The South Gate is the most iconic landmark of the town.
- **Legend:** The nickname "The Camels" comes from the arches' shape, resembling camel humps.

2. Mineral Springs

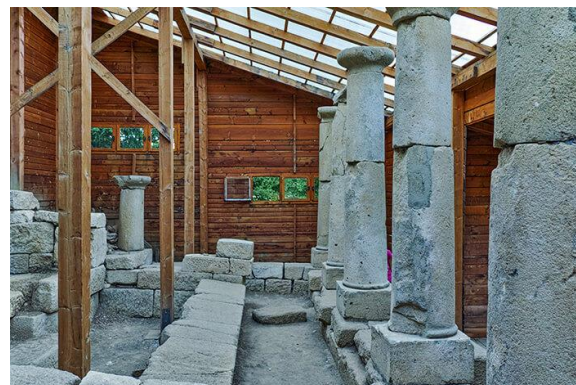
- **Description:** 22 springs with varying temperatures (37°C to 52°C) and mineral content. Used since Roman times, when public baths and thermae were constructed here.

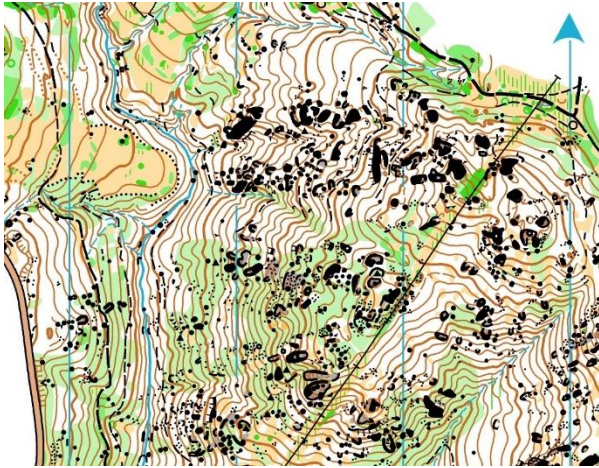


STAROSEL

1. Thracian Cult Complex

- **History:** The largest Thracian royal complex discovered in Bulgaria, dating from the late 5th to early 4th century BC.
- **Architecture:** Monumental staircase, circular temple, underground tomb, and fortress walls.
- **Interesting facts:** Believed to be the burial site of a powerful ruler of the Odrysian Kingdom.





Greetings from SEE(M)OC 2025 — Welcome!

4-7.09.2025 - STRELCHA, PANAGYURISHTE, BULGARIA
SOUTH-EAST EUROPEAN (MASTERS) ORIENTEERING CHAMPIONSHIPS
BEGUN CUP

